

***NCCIC Is a Service of the Child Care Bureau***

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## **ACTIVITY: ARE YOU AN ACTIVE LISTENER?**

### **Suggestions for Presenters**

1. Read each of the questions on the PowerPoint out loud.
  - Has anyone ever told you that you weren't listening?
  - Have you ever asked others to repeat themselves, because your mind had wandered?
  - Have you ever been embarrassed because you gave the wrong answer to a question when you weren't listening?
  - Have you ever taken a mental "leave of absence" while someone was speaking?
  - Has anyone ever asked you whether you're paying attention?
2. Give participants time to think about and reflect on each question – answering them privately to themselves.
3. Wrap up the exercise by asking the participants to summarize their reactions to the questions.